
Khalsa College for Women, Amritsar

Red Ribbon Club



Session 2022-23

Red Ribbon Club is a movement started by the Government of India in schools and colleges through which, students will spread awareness over HIV / AIDS. It envisages to instill charity mind among all the students to extend their able help towards developing healthy life styles, donating blood to all the needy by promotion of Regular voluntary blood donation. Red Ribbon Club (RRC) is a comprehensive promotional and preventive intervention to enhance voluntary blood donation as well as mainstream HIV & AIDS prevention, care & support and treatment impact, mitigation, stigma reduction, among the youth in educational institutions.

Since its inception in the college, the **RED RIBBON CLUB** Unit has carried out wide range of activities and awareness sessions on AIDS, Clean India, Environment Restoration and Healthy living.

Objectives: The objectives of the Red Ribbon Club include:

- To spread awareness among the youth particularly the students about the dreaded disease the HIV/AIDS.
- To spread awareness among the youth about Drugs Abuse.
- To promote voluntary blood donation among youth.
- To promote Environment Restoration and Healthy living

Committee Members:

Dr.Ranjandeep Khera

Mrs. Kirandeep Kaur

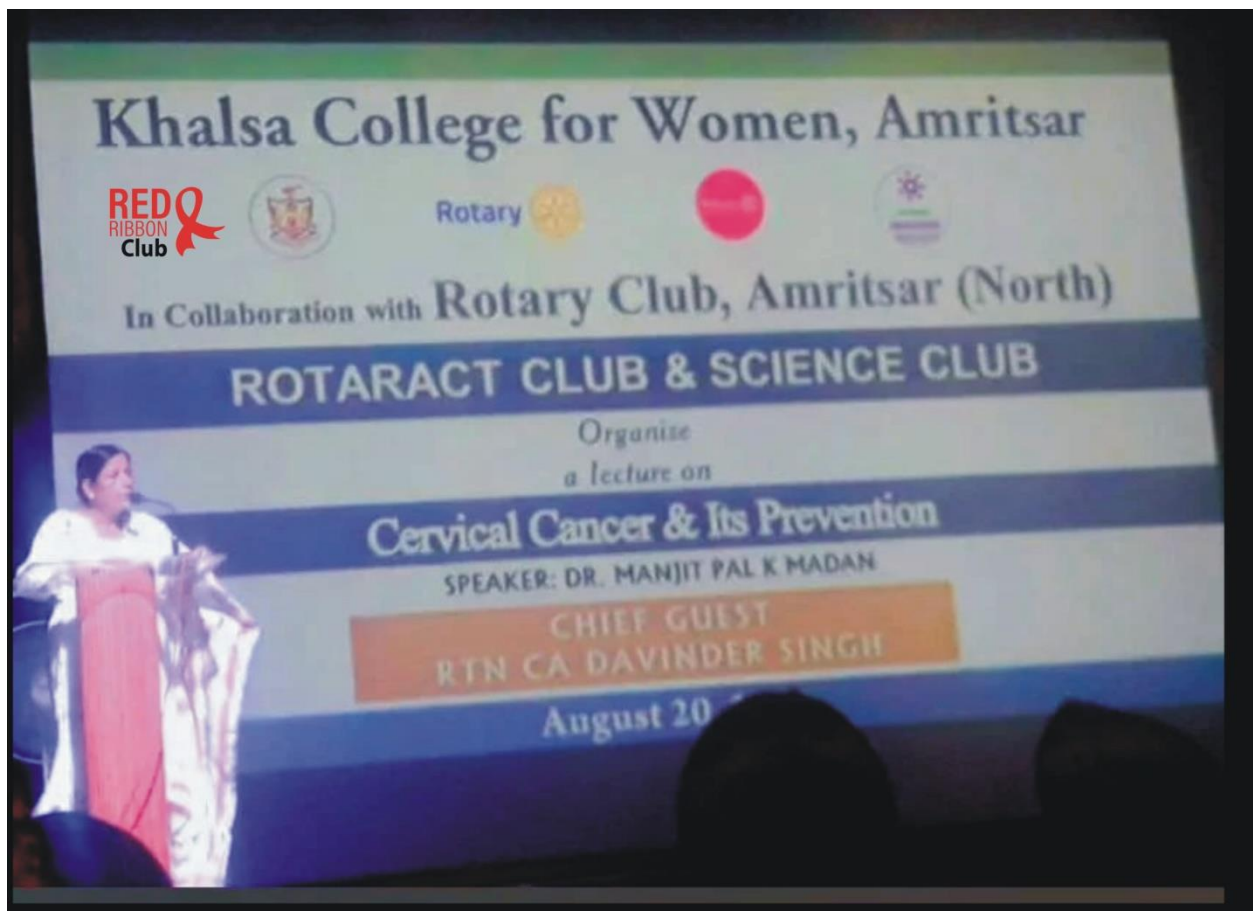
Dr.Hardeep Kaur

Student Representative:

Yakshita

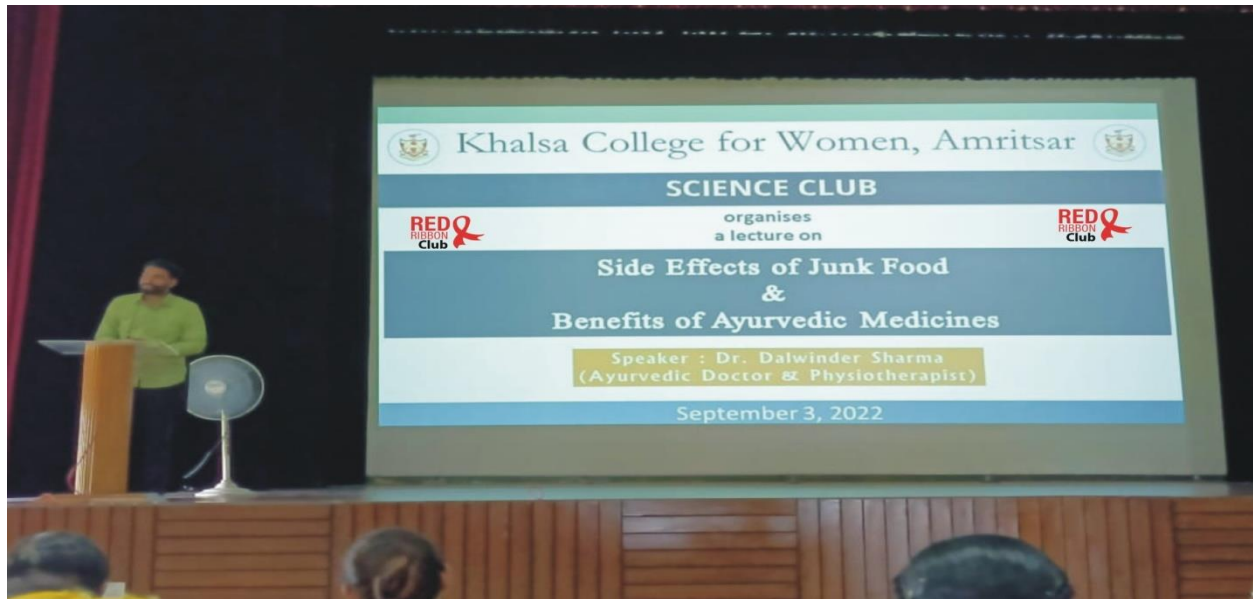
Muskan Arora

Lecture on Cervical Cancer and its Prevention on August 20, 2022



Report: Lecture on Cervical Cancer and Its Prevention was organized in collaboration with Rotary Club. The main objective was to make students aware about cervical cancer.

Lecture on Side Effects of Junk Food on September 3, 2022



Report: Lecture on Side Effects of Junk Food was organized in collaboration with Science Club. The main objective was to make students aware about the bad effects of Junk Food and benefits of Ayurvedic medicines.

Red Ribbon Clubs Meeting on 16th September, 2022



Report: A Red Ribbon Clubs meeting was organized in Khalsa College, Amritsar on 16th September, 2022. All the nodal officers of the district attended the same.

Celebrations on World Tourism Day 29th September, 2022

RED RIBBON Club *TRAVEL & TOURISM: AMRITSAR*

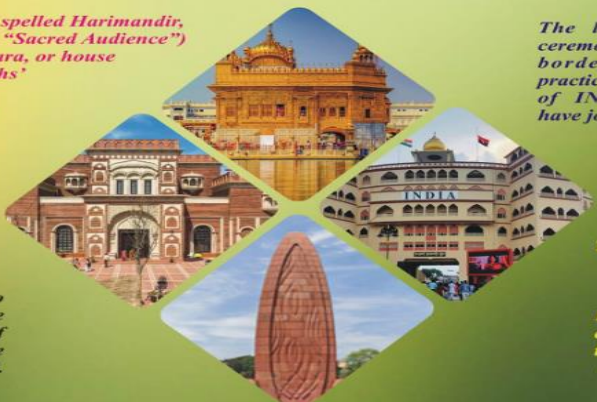
Amritsar, city, northern Punjab state, northwestern India. It lies about 15 miles (25 km) east of the border with Pakistan. Amritsar is the largest and most important city in Punjab and is a major commercial, cultural, and transportation centre. It is also the centre of Sikhism and the site of the Sikhs' principal place of worship—the Harmandir Sahib, or Golden Temple. Amritsar was founded in 1577 by Guru Ram Das ji, fourth Guru of the Sikhs, on a site granted by the Mughal emperor Akbar.

Harmandir Sahib, Harmandir also spelled Harimandir, also called Darbar Sahib (Punjabi: "Sacred Audience") or Golden Temple, the chief gurdwara, or house of worship, of Sikhism and the Sikhs' most important pilgrimage site. It is located in the city of Amritsar,

The lowering of the FLAGS ceremony at the ATTARI WAGAH border is a daily military practice that the security forces of INDIAN and PAKISTANI have jointly followed since 1959.

HAVELI stands as a tribute to the glorious past and lifestyle of PUNJAB. The rich culture of Punjab is well depicted in the ambience & hospitality of HAVELI.

The JALLIANWALA BAGH massacre, also known as the AMRITSAR massacre, took place on 13 April 1919. A large peaceful crowd had gathered at the ALLIANWALA BAGH in Amritsar, PUNJAB.



Report: Red Ribbon Club of KCW celebrated World Tourism Day 2022 by organizing brochure making activity on Tours and Travel : Amritsar.

Cycle Rally on the 115th Birth Anniversary of Shaheed Bhagat Singh on September 28, 2022



Report: On the 115th Birth Anniversary of Shaheed Bhagat Singh, a cycle rally was conducted by RRC, remembering the great freedom fighter of our nation.

Red Ribbon Campaign on Say No to Drugs and Significance of Blood Donation on 8th October, 2022



Report: Red Ribbon Campaign on Say No to Drugs and Significance of Blood Donation was celebrated by the Club was organized on 8th October, 2022. Students were asked to wear red to celebrate the occasion.

Celebrating Bully Free Campus on 7th October, 2022.



Report: Red Ribbon Club of KCW in collaboration with Anti Ragging Unit celebrated the Bully Free Campus on 7th October, 2022. Seniors had friendly interaction with their Juniors and motivated them to ask for any help regarding studies, notes etc.

Celebrating Diwali with specially privileged children of Aagosh on 22 October, 2022



Report: Red Ribbon Club of KCW in collaboration with Aagosh celebrated the Green Diwali on 22nd October, 2022. An exhibition of diyas, Diwali cards and candle made by the special children of Aagosh was also displayed.

Constitution Day/ Samvidhan Divas on November 26th, 2022



Report: On 26th Nov, 2022, RRC of KCW observed Constitution Day/ Samvidhan Divas to commemorate the adoption of the constitution of India. Students were told about the history of the day. They were appraised about the fundamental principals. By evading the preamble one comes to know about the principles and objection of Constitution.

Celebrating Voters Day on 25th January, 2023

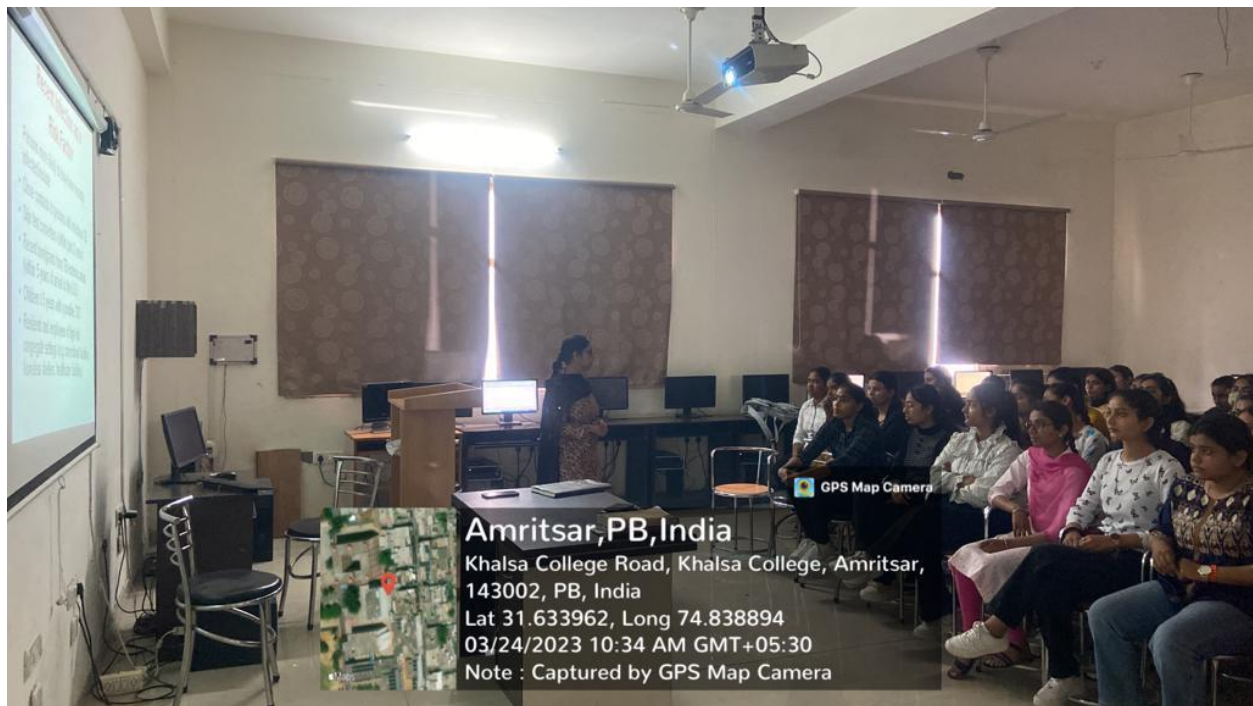
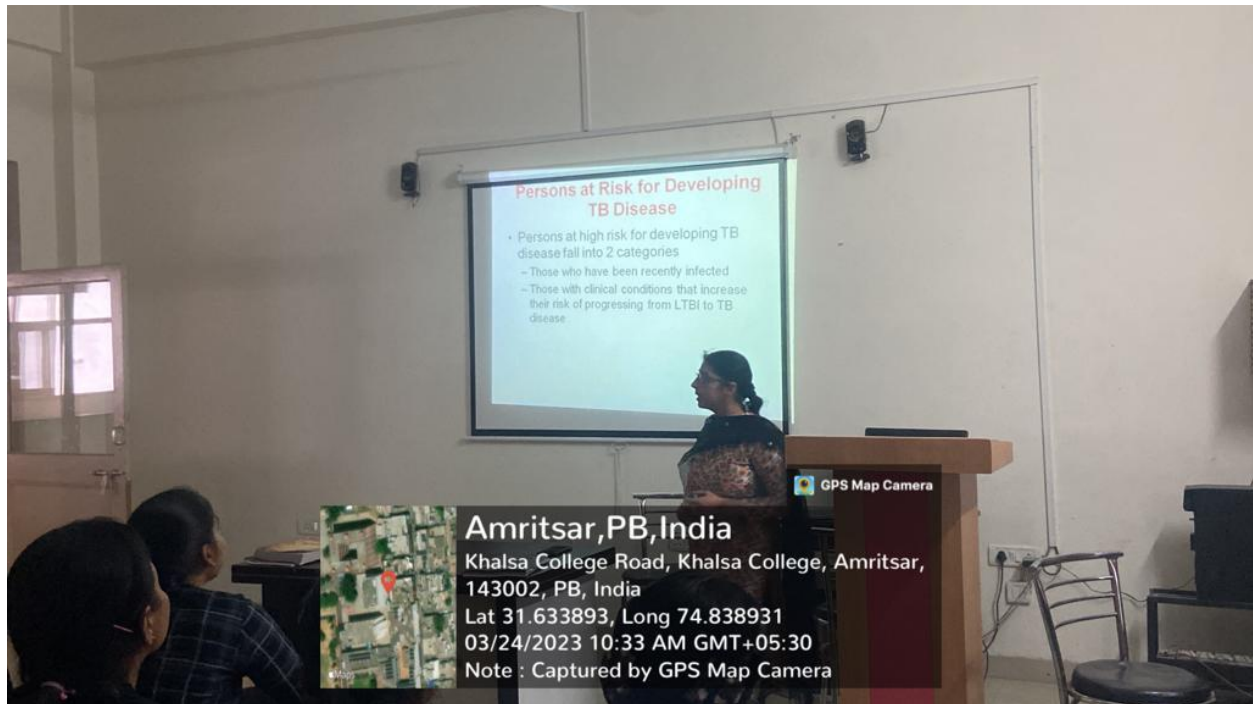


On 25th January,2023 RRC of KCW observed National Voter Day to make elections Inclusive, Accessible and Participative. A lecture was arranged to urge young students to vote with awareness and vigor. The purpose of the celebrations was to encourage staff and students to franchise their vote.

Poster making event was also organized to celebrate National Voter Day.



Health Awareness session on TB Disease



A Health Awareness session on TB Disease was organized on 24th March. 2023 in Khalsa College for Women, Amritsar . The main theme of the programme was:-

- What is TB?
- What is the cause of TB?
- What are the symptoms?
- How it is transmitted?
- What are the preventive measures?
- Where to go for diagnosing and treatment?
- Is TB treatment free?
- Is TB curable?
- Is TB hereditary?
- Who are at risk?